



Spring 2017 Extension Offerings

Please call to register for any of these classes, even if the class is free.

Boundary County

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FORESTRY, MUSHROOMING:

Computer Mapping for Forest Owners and Other Landowners (\$10)

Friday, March 3rd 9:00 am-12:00 pm

Recently, a variety of free online GIS/mapping applications have emerged, allowing family forest owners to get relatively current aerial imagery for their property and obtain some geo-referenced data, such as soil survey information. This program is designed to give forest owners a demonstration and basic introduction to these programs.

Android Forestry (\$5)

Friday, March 3rd 1:00 pm-4:00 pm

This program will introduce participants to forestry applications (“apps”) for devices using the android operating system. Some of these apps are also available for mobile devices using IOS or Windows operating systems.

Mushrooming in Boundary County FREE

Wednesday, April 26th 1:00 pm-4:00 pm

Boundary County is one of the best areas in the country for gathering wild mushrooms, according to local expert Art Church. He will discuss identification and techniques for safe mushroom foraging in Boundary County. Class size is limited.

GARDENING:

Fruit Tree Pruning Class FREE

Monday, March 6th 1:00 pm-4:00 pm

This hands-on course will begin at the UI Extension office and then we will proceed into the field to for the pruning demonstration. This class is free but you must call to register. Space is limited!

Basics of Successful Seed Saving (\$3)

Friday, March 24th 2:00 pm-4:00 pm

Jennifer Costich-Thompson, Bonner County Certified Master Gardener since 1998, and life-long resident and avid gardener, will brief students on techniques to successfully save seed from both self-pollinated and cross-pollinated garden ps, as well as differences between insect-and wind-pollinated crops. From arugula to zucchini and all crops in between!

DIY Greenhouse From Cattle Panels Extend Your Gardening Season (\$5)

March 31st 1:00 pm-4:00 pm

We will construct a very sturdy, low cost greenhouse using metal cattle panels and a plastic cover in this class. Adding shade cloth in summer can protect your plants from heat stress and reduce watering needs. The panels will also protect your plants from predation by deer.

NRCS High Tunnel Grants FREE

Friday, April 21, 2017 8:00 am-10:00 am

Interested in extending the season for your vegetable garden? Ree Brannon, from USDA’s Natural Resources Conservation Service, will discuss the financial assistance available for constructing a seasonal high tunnel and how the application process works for the EQIP program. A tour of a hoop house in production in Boundary County will also be available for those who are interested.

Boundary County Gardening Club

If you would you be interested in forming a Boundary County Gardening Club that would meet once a month one evening per month, please contact Nancy Russell, 208-946-6572, nlrgour@aol.com. The proposed club would be an informal gathering to learn about various gardening topics. Please indicate topics of interest and if you have a preferred time and day. Also, please note if you know of someone (like yourself!) who might speak on a particular topic.

POULTRY:

Feeding your Backyard Laying Hens (\$3)

Wednesday, March 15 2:00 pm-4:00 pm

In this class, we will discuss the how diet impacts productivity and lifespan of your laying hens, including topics such as the role of medicated feed, grass, insects and table scraps in high quality diets for laying hens.

FINANCE:

Understanding Your Credit Score FREE

Monday, March 27 3:00 pm-4:30 pm

Want to learn more about your credit score and how it affects you? Come to this class and learn about a variety of credit-related topics including building credit history, interpreting credit reports and scores, and kinds of consumer credit available.

WEIGHT TRAINING/EXERCISE:

Strong Women Program (\$30 for a 10-week program)

March 20/21-May 25/26, 2017

This weight-training class for women is based on a science-based program developed by Tufts University. Their motto is "Lifting Women to Better Health." There are four different time choices available. For more information, contact the Extension office. Also, see <http://www.strongwomen.com> or check out one of the many books on this topic by Miriam Nelson, available at the Boundary County Extension Office.

COOKING:

Meals in a Jar (\$10)

Wednesday, April 19th 3:00 pm-4:30 pm

This hands-on class will give you the opportunity to learn how to make your own fast and healthy meals in a jar. Each attendee will take home a meal-in-a-jar they made as well as receive a recipe booklet with ideas for making their own meals in jars at home.

Cooking Gluten Free (\$3)

May 22nd 2:00 pm-4:00 pm

Do you or someone in your family have an allergy or sensitivity to gluten? Come join us and learn how you can prepare gluten free meals for your family while skipping the stress and frustration. This class will help you navigate the world of gluten free cooking by providing you with helpful tips as well as give you strategies to avoid the common mistakes many beginners make when switching to gluten free cooking.

